



TREFLOYNE

W I N T E R
E V E N I N G
M E N U

HOUSE BREADS AND NIBBLES

Super Large Perello Olives simply the best	6
Garlic Ciabatta	4.5
Garlic and Cheese Ciabatta	5.5
Homemade Focaccia Arbequina extra virgin olive oil, 12-year aged balsamic vinegar of Modena	7



THE START



Smoked Duck Breast bacon and potato rosti, textures of beetroot	11
Local Penclawdd Steamed Mussels traditional marinère	<i>half kilo 10 one kilo 19.5</i>
Roasted Shallot and Thyme Tart (V) cherry vine tomato, whipped feta	9.5
Fillet of Cod winter ratatouille, herb crust, basil oil	10.5
Chicken Liver Parfait red grape chutney, mini bread loaf	9.5
Asian Belly Pork pak choi, cucumber and spring onion, star anise carrot purée	11
Crispy Coated Chicken Thigh light curry sauce, green chutney	10
Plant-based Feta roasted red onion and beetroot ravioli	10



THE MIDDLE



EVENING MENU

Herb and Mint Crusted Neck of Lamb whipped potato, carrot purée, lamb jus, fine beans	27
Hoisin and Sesame Coated Pork Loin apple and cider ketchup, pommes Anna potato, baby parsnip, charred pak choi	24
Pan Seared Duck Breast Pomme purée tart, fried cabbage, bacon and shallot, redcurrant sauce	25
Fillet of Salmon crispy pressed potato, Indian spice coconut seafood broth, seaweed	24
Chicken Ballotine mozzarella and sun blushed tomato centre, ratatouille parcel, mini fondant, buttered chantenay carrots, Tuscan sauce	22
Roasted Butternut Squash (V) butterbean hummus, salsa verde, nut crumble, sprout petals	19
8oz Welsh Sirloin Steak	28
6oz Welsh Fillet Steak	32
both steaks with Portobello mushroom, cherry vine tomatoes, roasted shallot and homemade chunky chips. <i>Add sauce to either steak: peppercorn, Stilton or Béarnaise</i>	4

Naked Fresh Fish – the finest fresh fish/shellfish, landed on the quay at Tenby, Saundersfoot, Milford and Swansea – simply pan fried, with broccoli, roasted vine tomatoes, skinny fries, chunky chips or Pembrokeshire new potatoes, lemon and samphire butter. **Please ask for today's selection**

SIDE DISHES

Chunky Chips or Skinny Fries	4.5
Buttered Pembrokeshire New Potatoes	4.5
Broccoli toasted almonds	4.5
Buttered Chantenay Carrots	4.5
Trio of Veg carrots, broccoli, fine beans	4.5



THE END



"something naughty"

Mulled wine winter pudding (Vg) lemon mascarpone	9.5
Apple Crumble Tart homemade cinnamon ice cream	9.5
Bara Brith Sticky Toffee Pudding butterscotch and Welsh tea sauce, vanilla Ice cream	9.5
Biscoff Chocolate Fondant Penderyn whiskey cream, Biscoff crumb	9.5
Welsh Cheese Board Perl Wen, Perl Las, Snowdonia Black Bomber, grape, chutney, selection of biscuits	11.5
Welsh Dairy Ice Cream vanilla, chocolate, strawberry	6.5
Yummy Sorbets raspberry, mango, lemon	6.5

enjoy!